

ARTITUDE  
GALERÍA

Between *Bloom*  
and *Becoming*

CATHERINE ONG

9 APRIL - 24 MAY

# Between *Bloom* and *Becoming*

**Catherine Ong**, founder of Arkateori, presents *Between Bloom and Becoming*, her first international exhibition in Singapore with ARTitude Galería, marking the beginning of her representation by the gallery.

The exhibition brings together two series presented in dialogue: The FELT Series and The Flower Series. While both draw from natural forms, they unfold through distinct material and emotional languages, articulating a nuanced interplay between structure and softness.



Based in Kuala Lumpur, Arkateori is a texture art studio dedicated to sculptural surfaces and immersive environments, extending Ong's practice across canvas and architectural space.

A trauma-informed and certified Somatic Art coach, Ong began painting nineteen years ago, shifting to textural work after the passing of her mother and embedding grief and memory into her tactile compositions.



Working with plaster and acrylic, Ong creates expressive surfaces shaped by gesture and emotion. Influenced by her background in fashion, interior design, and construction, her works evoke folds and layered textures that echo her mother's craft as a tailor, where fragility and resilience coexist.

*Between Bloom and Becoming* invites a moment of pause and reflection. What appears delicate, is in fact, shaped by strength, a quiet tribute to the enduring presence of a mother's love.

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## ARTIST BIOGRAPHY

# Catherine Ong

b. 1987 in Bentong, Malaysia



Central to Ong's work is the presence of void. Rather than filling space, she honours it, allowing absence, fracture, and asymmetry to become compositional power. Her philosophy is grounded in the belief that perceived imperfections carry strength. Each artwork is a contemplative object, designed not merely for display, but for atmosphere. Acquired pieces serve as spatial anchors, inviting pause, depth, and emotional resonance within architectural environments. At its core, her practice asserts a quiet conviction: flaws can be our superpower.

Catherine Ong is a certified Somatic Art Coach, trauma-informed, purpose-driven coach, and self-taught 3D artist recognized among the Top 50 Most Inspiring Women by The Rose Project of Häagen-Dazs (2024/2025).

Her sculptural 3D works are defined by signature folds and structural drapery, echoing the craft lineage of her late mother, a lifelong tailor. Executed primarily in plaster, each piece balances architectural tension with visual softness, an intentional dialogue between endurance and grace.



**Sean Ong, her brother, is a certified Somatic Art Coach.**

**Together, they have built Arkateori as a lived practice, born from loss, strengthened through collaboration, and offered as a space where art, the body, and emotion meet with care.**

**Walking alongside Catherine through shared grief, Sean played a pivotal role in shaping and grounding the practice, co-curating the methodology, experiences, and frameworks that form Arkateori today. His presence brings steadiness, trust, and depth to the work, ensuring each offering remains safe, intentional, and purpose-driven.**

## Memory, Absence, Transformation

### ***How did your relationship to memory and grief shape the direction of your work?***

When I lost my mother, I was left with many things unsaid. Moments I wished I had held longer, gestures I could no longer return to. The forms I build, the folds, the void became a way to hold memory without needing to define it. It is a form of expression. In many ways, my work is not about grief itself, but about what remains, and how we learn to live with it.

### ***The idea that “imperfections hold power” is central to your practice - how does it inform both your work and your approach to teaching?***

Through my own healing, I began to see that the parts I wanted to smooth out were actually the most meaningful. The cracks, the unevenness, the moments that didn't go as planned. They give the piece its breath, its honesty. When I teach, I hold the same space for others. I remind them that they don't need to control everything. Their hands already know what to do.

## Between Painting and Sculpture

### ***How would you describe your artistic universe in a few words?***

Grounded, Minimal, Poetic, Evocative.

### ***Your works exist between painting and sculpture - how do you navigate this in-between space?***

I don't see the space between painting and sculpture as something to resolve, but something to remain within. My work begins with feeling rather than form. Colour is quiet, almost secondary. What leads is texture. How it rises, folds, holds light, and creates depth. That is where messages live. By allowing the surface to move beyond flatness, the work becomes something you don't just see, but sense. It exists in between where painting softens into structure, and sculpture becomes intimate.

## Material, Touch, Presence

### ***Why do you choose materials like plaster and acrylic, and what do they allow you to express that other mediums cannot?***

They respond to touch in a very immediate way. Plaster allows me to build, to press, to hold movement as it happens. Acrylic, in its restraint, supports rather than competes. Together, they let me work beyond image. They allow the work to carry weight, tension, and stillness.

*“If the work can hold even a brief moment of stillness for someone, that is enough.”*

## Arkateori and The Practice of Healing

### ***What is Arkateori, and how has it changed your own journey as an artist?***

Arkateori is both a practice and a space, where art becomes a way of returning to oneself. It was founded during a period of grief, when creating was no longer about outcome, but about holding what could not be expressed otherwise. Over time, it grew into a platform that brings people into the same encounter.

### ***How does your role as a trauma-informed Somatic-Art coach influence your creative process?***

I no longer begin with outcome, but with awareness of the body, of sensation, of what is present beneath the surface. The process becomes less about control, and more about listening. Each gesture is felt rather than forced. It has taught me that creation is not separate from the body. The work carries what the body remembers.



Between *Bloom*  
and *Becoming*



***Dancing in the Moonlight***

Plaster and acrylic on canvas

Canvas size: 152 x 122 cm

Artwork size: 164 x 132 cm

2025

SGD **12,750**

This piece beautifully mixes vibrant and calm aspects, inviting you to appreciate the serenity of empty canvas spaces. It's a humble nod to growth and the joy found within.



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**A Gentle Becoming**

Plaster and acrylic on canvas

Canvas size: 90cm x 120cm

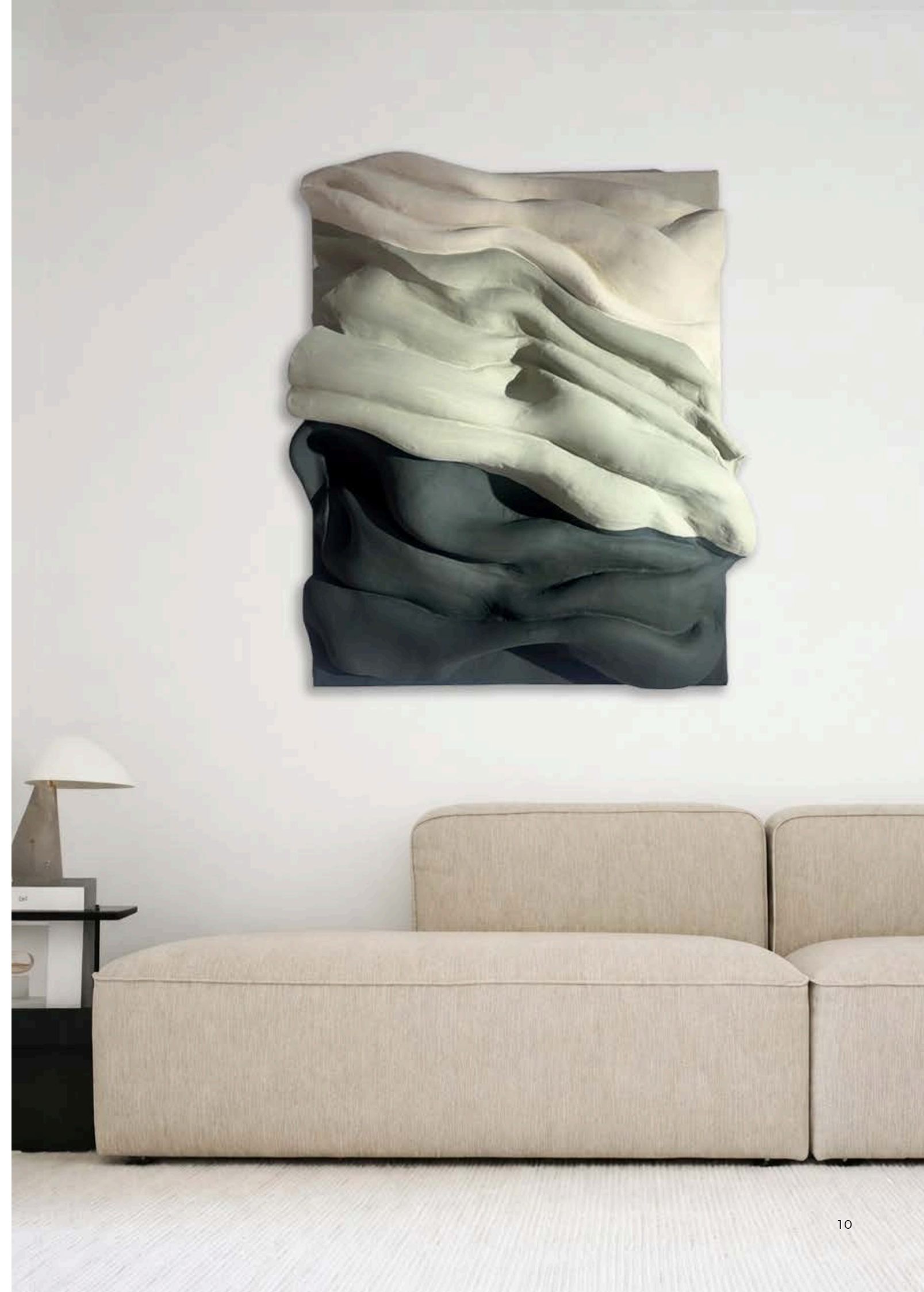
Artwork size: 116 x 126 cm

2026

SGD **13,200**

A quiet transition from earth to life, where the landscape softens, and a sense of aliveness returns.

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**Where the Light Settles I**

Plaster and acrylic on canvas

Canvas size: 91.5 x 61.5 cm

Artwork size: 100 x 83 cm

2026

SGD **7,050**

This piece moves slowly from sage green into softer tones, eventually settling into taupe. The transition is quiet, almost like watching light change across a landscape.

Nothing abrupt. Just a gentle shift that allows the eye to travel and rest. The colors move the way nature does, gradual and unforced. From green that holds life into tones that feel grounded and steady.



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**Silent Horizon**

done in collaboration with Sean Ong  
Plaster and acrylic on canvas  
Canvas size: 90 x 60 cm each  
Artwork Size: 95 x 65 cm each

2026

Triptych: SGD **6,600**  
One artwork: SGD **2,500**

Three adjoining canvases from a quiet mountain horizon. Each panel stands on its own, while the small gaps between them create balance and rhythm across the composition.

Rendered in subtle white tones, the work suggests the presence of mountains without fully defining them, leaving space for imagination.

Minimal and adaptable, Silent Horizon brings a sense of calm presence to the space it inhabits.





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**Space**

Plaster and acrylic on canvas

Canvas size: 152 x 122 cm

Artwork size: 157 x 125 cm

2025

SGD **8,200**

This artwork portrays an empty space at its core, representing the idea of establishing a personal sanctuary.

This piece reflects my experience as a mother, seeking a harmonious balance and inner peace between my roles as a mother and a wife. It's a visual tribute to the concept of a "safe space."



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**July**

Plaster and acrylic on canvas

Canvas size: 120 x 90 cm

Artwork size: 131 x 95cm

2026

SGD **4,000**

“July” rendered in matte black. Its abstract 3D waves bring a striking monochromatic tone that enhances the prominence of any space. The piece can be displayed vertically, evoking cascading waves, or horizontally, suggesting a serene ocean, with dynamic shadows adding depth and energy.

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**Stand Inside Your Love**

Plaster and acrylic on canvas

Canvas size: 90 x 60 cm

Artwork size: 112 x 73 cm

2026

SGD **3,300**

The void area symbolizes a safe space, offering solace and refuge. The crossover area with a flow represents steady support, highlighting the importance of a reliable foundation in relationships. The black color provides a grounding and soothing effect, enhancing the piece's natural flow. "Stand Inside Your Love" captures the comfort and security found within love, emphasizing the importance of feeling safe and supported in a relationship.

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**Quiet Love**

Plaster and acrylic  
50 cm diameter

2026  
SGD **2,650**

A meditation on the void, where grief softens, and love quietly remains.

Shaped by the experience of grief, the piece reflects how love does not disappear, but transforms. What once felt empty becomes a space where tenderness remains. Where something gentle can continue to grow.

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**Home**

Plaster and acrylic on canvas

Canvas size: 50 x 50 cm

Artwork size: 60 x 55 cm



2024

SGD **2,200**

A quiet study of what it means to belong.

Softened arches dissolve the rigidity of structure, allowing space to feel held rather than confined. Gentle steps emerge within, suggesting movement, memory, and the layered experience of returning, again and again to oneself.

The subtle disruption of the square plane introduces depth, as if the surface yields to something more intimate beneath. It is a quiet reminder: home is not a place we arrive at, but something we carry, shaped within us, lived with over time.



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**Where Movement Heals**

Plaster and acrylic on canvas  
50 cm diameter

2026  
SGD **2,650**

At its core lies the heart, often held back, shaped by the weight of being seen. Around it, forms unfold in a quiet rhythm, like a dance finding its way into space.

This piece reflects a gentle courage: to move freely, beyond judgment. Here, movement is not performance, but medicine, a return to oneself.



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**Where I Am Held**

Plaster and acrylic on canvas  
50 cm diameter

2026  
SGD **2,650**

A quiet expression of resilience.

Even in moments of inner fracture, there is a strength that does not need to be seen or heard. Silence, here, is not emptiness, it is a form of holding.

This piece reflects the quiet truth that we are still able to carry ourselves, gently and wholly, even when we feel undone.



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**A Home Within**

Plaster and acrylic on canvas  
50 cm diameter

2026  
SGD **2,650**

A quiet reminder that home is not always a place, but a space we carry.

Within each heart, there exists a sanctuary, steady, safe, and always  
waiting for our return.



Between Bloom  
and Becoming



**Unbroken Light**

Plaster and acrylic on canvas

Canvas size: 75 x 102 cm

Artwork size: 77 x 115

2026

SGD **3,000**

This 3D artwork is intentionally installed on a frame without a canvas, symbolizing the feeling of being broken while still allowing the inner light to shine through. Its unique presentation, extending beyond the frame, creates a striking and eye-catching effect. It embodies a minimalist yet bold aesthetic, capturing the essence of quiet luxury.



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**Joy**

Plaster and acrylic on canvas  
108 x 55 cm

2026  
SGD **2,200**

A gentle reminder that joy is not something to be found, but something to be remembered.

It lives quietly within us, waiting to be felt, not chased.

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**See You At The Sea I**

Plaster and acrylic on canvas

Canvas size: 153 x 120 cm

Artwork size: 153 x 123 cm

2026

Diptych: SGD **6,000**

One artwork: SGD **3,500**

At its core lies the heart, often held back, shaped by the weight of being seen. Around it, forms unfold in a quiet rhythm, like a dance finding its way into space.

This piece reflects a gentle courage: to move freely, beyond judgment. Here, movement is not performance, but medicine, a return to oneself.

Between *Bloom*  
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**See You At The Sea II**

Plaster and acrylic on canvas

Canvas size: 153 x 120 cm

Artwork size: 153 x 120 cm

2026

Diptych: SGD **6,000**

One artwork: SGD **3,500**

At its core lies the heart, often held back, shaped by the weight of being seen. Around it, forms unfold in a quiet rhythm, like a dance finding its way into space.

This piece reflects a gentle courage: to move freely, beyond judgment. Here, movement is not performance, but medicine, a return to oneself.



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***The Quiet Courtyard***

Plaster and acrylic on canvas  
153 x 103 cm

2026  
SGD **7,000**

Arches and steps form a quiet architectural rhythm, softened by the presence of hibiscus.

The work holds a sense of stillness. Where structure meets gentleness, and space becomes a place of calm and belonging.



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***Finding Home***

Plaster and acrylic on canvas  
100 cm diameter

2026  
SGD **5,500**

This work centers on a rounded form that draws the gaze inward creating a quiet sense of focus and return.

A reflection on belonging where home is not a place but a sense of safety we carry within.



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**Healing Strokes**

Plaster and acrylic on canvas  
60 x 60 cm

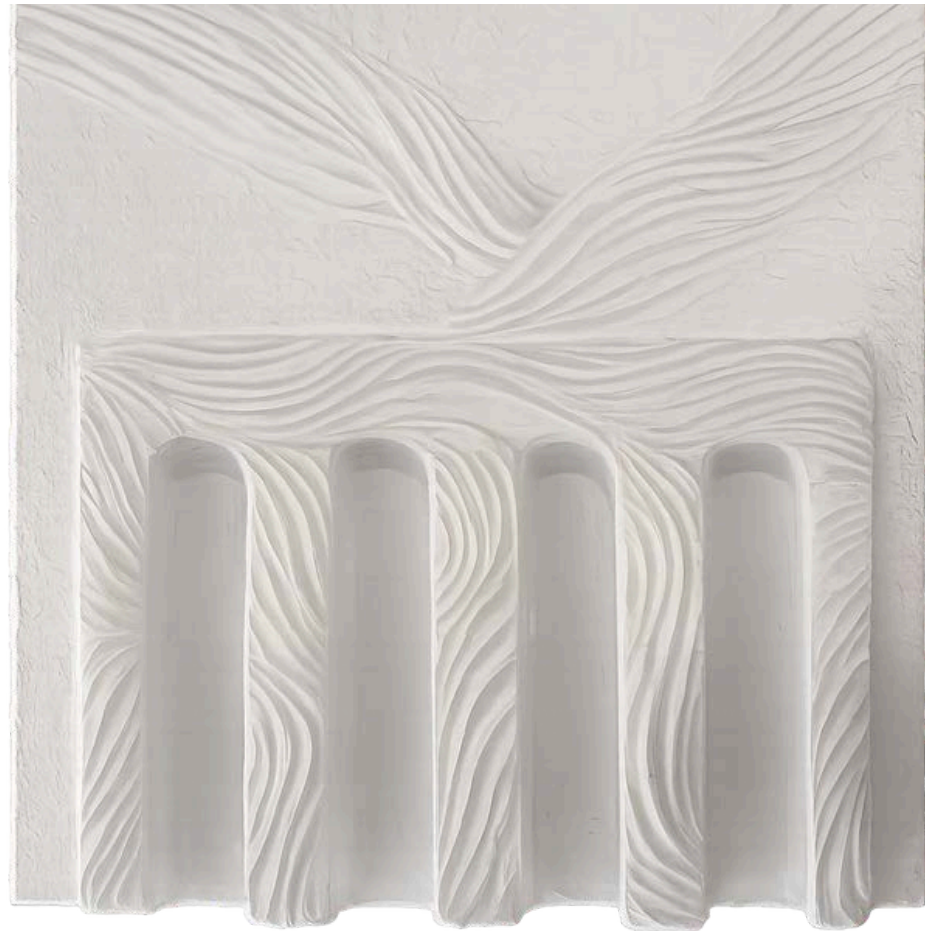
2026  
SGD **1,210**

A study of form and gesture, inspired by healing botanicals.

Color is withheld, inviting the viewer to see with their inner palette.



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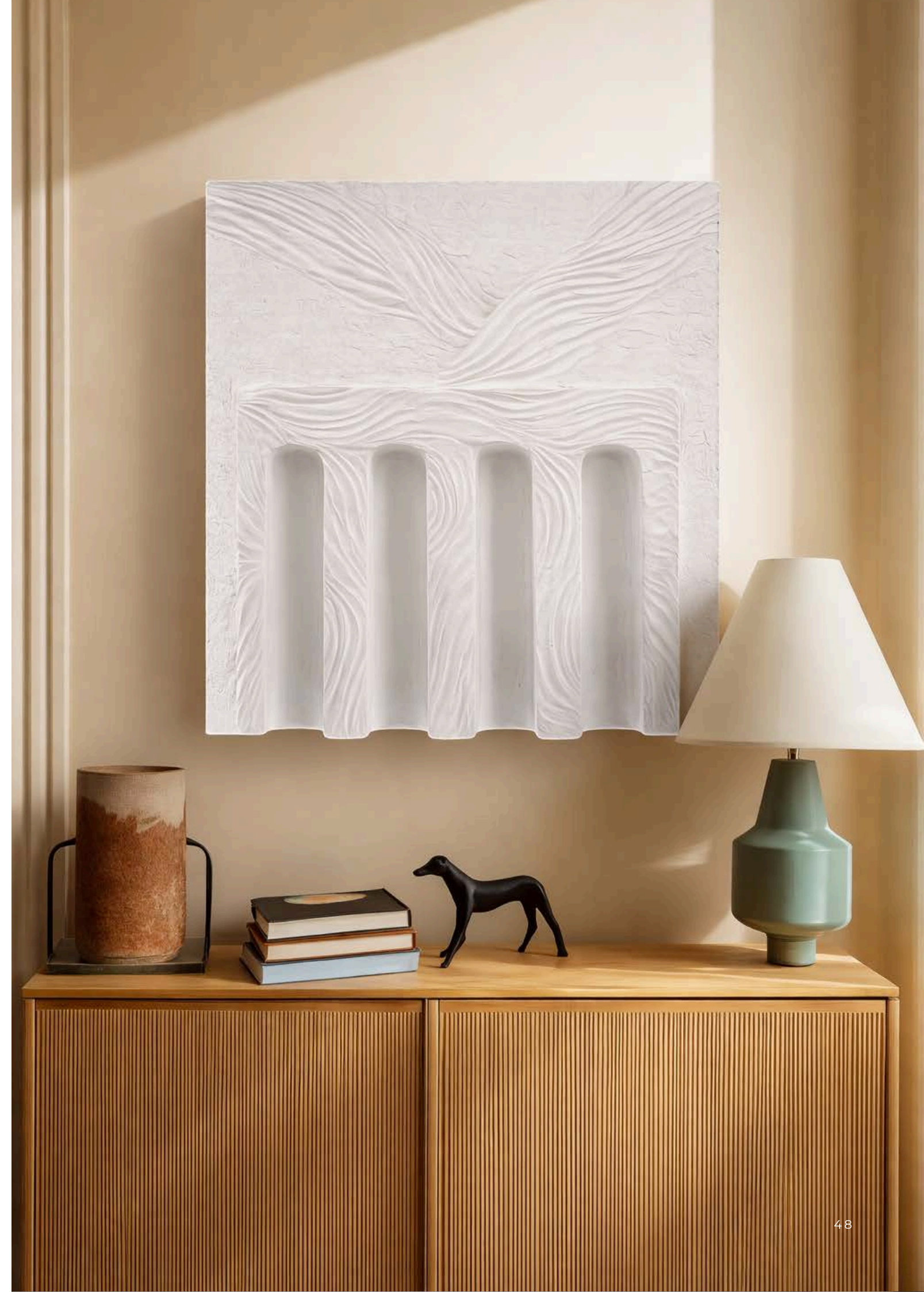


**Quiet Passage**

Plaster and acrylic on canvas  
60 x 60 cm

2026  
SGD **2,200**

The Quiet Passage is like walking into a memory lane. This piece representing a profound experience of silence where the lines is like memories flowing through our mind.



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**Continuum I**

Plaster and acrylic on canvas

2026

Canvas size: 60 x 60 cm

Diptych: SGD **4,900**

Artwork size: 60 x 60 cm

One artwork: SGD **2,650**

This Diptych explores subtle transition. The works reflect a share underlying current. That even in separation, there remains a sense of connection. What flows through one continues into the other, forming a continuity that is both individual and whole.

Between *Bloom*  
and *Becoming*



**Continuum II**

Plaster and acrylic on canvas

2026

Canvas size: 60 x 60 cm

Diptych: SGD **4,900**

Artwork size: 63 x 60 cm

One artwork: SGD **2,650**

This Diptych explores subtle transition. The works reflect a share underlying current. That even in separation, there remains a sense of connection. What flows through one continues into the other, forming a continuity that is both individual and whole.



Between *Bloom*  
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**Held Within**

Plaster and acrylic on canvas

Canvas size: 90 x 60 cm

Artwork size: 95 x 70 cm

2026  
SGD **4,000**

A quiet reflection on what we carry. Where emptiness becomes a space of presence and gentle holding.



Between *Bloom*  
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**Where movements returns**

Plaster and acrylic on canvas  
Canvas size: 30 x 30 cm each  
Artwork size: 35 x 35 cm each

2026

Triptych: SGD **3,200**  
One artwork: SGD **1,200**

This vertical composition unfolds through three sculptural forms, each carrying a quiet sense of flow.

Recalling the quiet movements we have forgotten.



# Mural Commissions

**Murals may be commissioned on request. Timeline and fees are provided upon consultation, according to the size of the wall and the complexity of the design.**



Images from L'Occitane Malaysia

At the L'Occitane Pavilion KL, Malaysia, Catherine Ong brings the brand's connection to nature to life through a commissioned mural created in her signature 3D texture art technique. Inspired by L'Occitane's natural ingredients, the work uses sculpted textures and shifting shadows to transform the space, creating a timeless expression that feels both tactile and atmospheric.



Catherine Ong also offers commissioned murals, bringing her signature texture art into architectural spaces. Translating her sculptural language onto walls, each work is designed to create depth, movement, and a quiet sense of presence.



Every mural is developed in response to its setting, with scale, materiality, and design considered as part of the overall spatial experience.



# INDEX



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152 x 122 cm  
SGD 12,750



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90cm x 120cm | 116 x 126 cm  
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*Where movements returns*  
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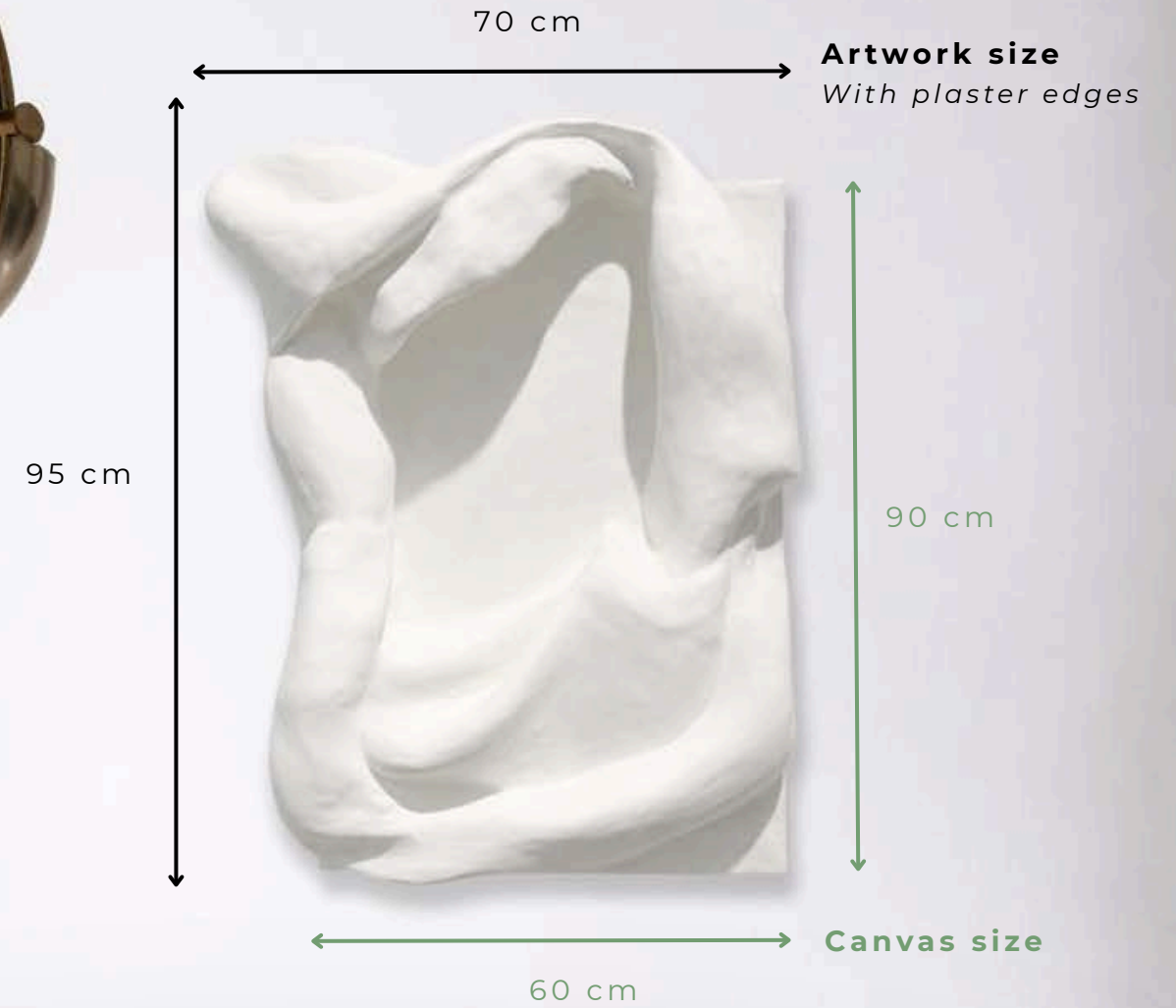


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*Where movements returns*  
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*Where movements returns*  
30 x 30 cm | 35 x 35 cm  
**SGD 1,200**

## Size Explanation



*The first dimensions indicated refer to the canvas only, excluding the plaster edges. The second dimensions include the plaster edges, reflecting the work in its entirety.*

*This distinction ensures accurate presentation while reflecting the finished object in its entirety.*

# Texture Art Workshop



Led by Catherine Ong, this floral texture art workshop invites participants into a mindful and intentional creative session, exploring flowers as symbols of memory and story. Through texture and form, each participant will create a floral piece that carries personal meaning.

## **Location**

Block 9 Dempsey Road #01-11, Dempsey Hill, Singapore 247697

## **Time**

24 May, 11:00AM-1:30PM & 3:30PM-6:00PM

## **Fee**

SGD 238/PAX, inclusive of 60cm x 60cm Canvas and materials

## **Capability**

Up to 12 Participants, Suitable for all levels, no experience required

**Kindly contact us to RSVP.**

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# Between *Bloom* and *Becoming*

CATHERINE ONG

EXHIBITION DATES

**9 APRIL - 24 MAY 2026**

LOCATION

**9 DEMPSEY HILL #01-11**

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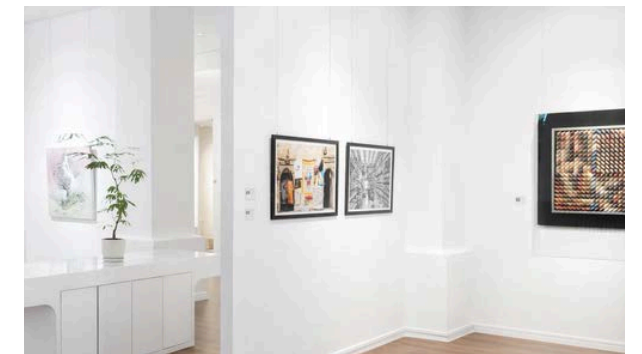
## ABOUT THE GALLERY

**A**RTitude Galería was founded in 2017 by Holly Turner-Thakran as an independent gallery dedicated primarily to the promotion of contemporary Latin American art, with a strong focus on Colombia and Mexico. From its inception, the gallery was conceived as a space of cultural memory and transmission, rooted in Holly Turner-Thakran's deep commitment to bringing Latin American artistic voices to Asia.



While Latin America remains at the heart of its programme, ARTitude Galería has developed a curatorial approach that intentionally brings Latin American artists into conversation with artists from Asia and other parts of the world.

Nestled in a charming corner of Dempsey Hill, ARTitude showcases a vibrant community of emerging artists who work across mediums, pushing boundaries and redefining expectations.



ARTitude Galería remains deeply committed to nurturing artistic voices through sustained support, including mentorship, curatorial development, collaborations, and international exposure. Beyond exhibitions, the gallery fosters long-term relationships with its artists, encouraging dialogue across cultures and generations.



As an inclusive and socially conscious space, ARTitude Galería actively supports diverse contemporary identities, with particular attention to voices that have historically been marginalised. In doing so, the gallery continues to honour the vision and legacy of its founder, preserving Latin American culture as a living, evolving presence while opening it to meaningful global conversations.

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## ABOUT THE TEAM

Situated in Dempsey Road, ARTitude Galería is shaped by a spirit of exploration and cultural exchange, presenting exhibitions that celebrate contemporary practices across disciplines and geographies. The gallery's programme is guided by a belief in art as a living conversation, where ideas, materials, and perspectives meet within an intimate and welcoming setting.



**RAVI THAKRAN**  
Custodian and Owner

**Ravi Thakran** is the custodian of ARTitude Galería, supporting its long-term vision and development. Former Chairman of LVMH Asia, he brings extensive experience in building global brands and international networks, reinforcing the gallery's positioning and credibility.



**EVONNE CHOW**  
Principle Advisor

**Evonne Chow** provides thoughtful guidance and strategic insight, helping shape the gallery's direction with clarity and care. Her perceptive approach strengthens relationships with artists, collectors, and collaborators, supporting ARTitude's mission to foster a vibrant artistic community.



**ALEXANDRA VARREY**  
Gallery Director

**Alexandra Varrey** oversees ARTitude's artistic programme, curating its roster of artists and shaping each exhibition from the ground up. Combining strategic organisation with creative vision, she ensures every show is carefully considered, inviting, and reflective of the gallery's spirit.



**ELSA KRUPKA**  
Gallery Assistant

**Elsa Krupka** supports the gallery with attentiveness, managing daily operations and marketing initiatives. She helps ensure artists, visitors, and collectors feel engaged, keeping ARTitude Galería both smooth-running and connected to its community.

## PAST EXHIBITIONS



GROUP SHOW | *Her Living Legacy*, group exhibition with Latin American artists curated by Holly Turner-Thakran, December 2025



VERNISSAGE | *BIOGRAPHY*, solo exhibition - Julio Parra, January 2026



VERNISSAGE | *(Not So) Silent Waters*, group exhibition - Andrés Layos, Angelina Li, Kimberley Ann, February 2026

Published by ARTitude Galería to coincide with the exhibition ***Between Bloom and Becoming***, April 2026, Singapore.

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